

ECSTASY

WHAT IS ECSTASY?

Ecstasy is MDMA, or 3,4-Methylenedioxyamphetamine. It belongs to a family of drugs called "entactogens," which literally means "touching within." Other drugs in this category include MDA, MDE and MBDB. MDMA is a Schedule I synthetic, psychoactive drug possessing stimulant and hallucinogenic properties. MDMA possesses chemical variations of the stimulant amphetamine or methamphetamine and a hallucinogen, most often mescaline. Before it was made illegal in 1985, MDMA was used by psychiatrists as a therapeutic tool, and was used as an appetite suppressant. Studies are currently underway in Spain and Israel assessing MDMA's effectiveness in the treatment of Post Traumatic Stress Disorder (PTSD).

WHAT ARE THE EFFECTS?

MDMA is a "mood elevator" that produces a relaxed, euphoric state. Pure clean X does not produce hallucinations. Ecstasy causes increased willingness to communicate, increase in energy (stimulation), ego softening, feelings of comfort, belonging, and closeness to others, feelings of love and empathy, forgiveness, increased awareness & appreciation of music, increased awareness of senses. (eating, drinking, smell), profound life-changing spiritual experiences, neurotically based fear dissolution, sensations bright and intense, urge to hug and kiss people. The list goes on: appetite loss, visual distortion, rapid, involuntary eye jiggling (nystagmus), mild visual hallucinations (uncommon, but can be done if you really try, and more common at higher doses), moderately increased heart rate and blood pressure (increases with dose), restlessness, nervousness, shivering, change in body temperature regulation, strong desire to do or want more when coming down. Jaw clenching, and teeth grinding (chew gum). MDMA takes effect 20 to 40 minutes after taking a tablet, with little rushes of exhilaration which can be accompanied by nausea. 60 to 90 minutes after taking the drug, the user feels the peak effects. Sensations are enhanced and the user experiences heightened feelings of empathy, emotional warmth, and self-acceptance. The effects of 'real' ecstasy subside after about 3-6 hours sometimes slightly longer. Users report that the experience is very pleasant and highly controllable. Even at the peak of the effect, people can usually deal with important matters. The effect that makes MDMA different from other drugs is empathy, the sensation of understanding and accepting others.

WHAT IS THE DOSAGE?

Ecstasy is almost always swallowed as a tablet or capsule. A normal dose is around 80-150 mg. Black market "ecstasy" tablets vary widely in strength, and often contain other drugs, so be careful, and use the sites above to look up the pill before you buy so you will know what you are getting.

IS ECSTASY ADDICTIVE?

Ecstasy is not physically addictive. However, the drug can often take on great importance in people's lives, and some people become rather compulsive in their use. Taken too frequently, however, MDMA loses its special effect. So try to wait 2 weeks between rolls. MDMA releases the brain chemical serotonin, elevating mood and acting as a short-term antidepressant. Compulsive users may be unconsciously trying to self-medicate for depression. Effective treatments for depression are available with the proper diagnosis by a qualified physician.

For more Information visit:

<http://www.geocities.com/jdivx2002/Extacy.html>